

TAKE STEPS TOGETHER FOR PEACE ...

SOME RESOURCES TO START YOU ON
YOUR WAY ...



Bring to mind a time of **deep peace** for you ... Can you return there in your memory ?

What were the circumstances ? Where were you ? What were you doing ? What did you see /feel / touch /hear /taste ?

The Peace Prayer - attributed to St Francis.

Lord, make me an instrument of your peace.

Where there is hatred, let me sow
love.

Where there is offence, let me bring
pardon.

Where there is discord, let me bring
union.

Where there is error, let me bring
truth.

Where there is doubt, let me bring
faith.

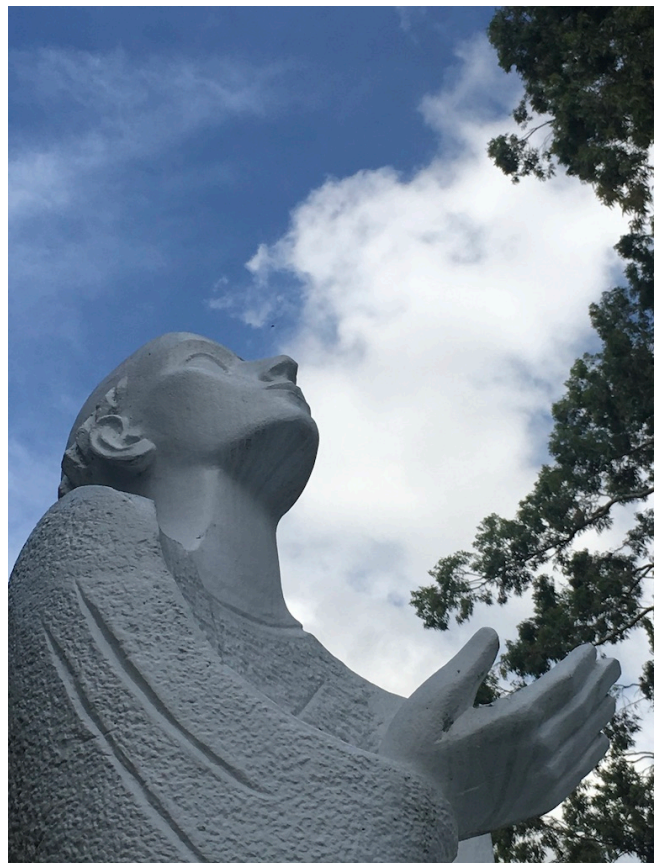
Where there is despair, let me bring
hope.

Where there is darkness, let me
bring your light.

Where there is sadness, let me bring
joy.

O Master, let me not seek as much
to be consoled as to console,
to be understood as to understand,
to be loved as to love,

for it is in giving that one receives,
it is in self-forgetting that one finds,
it is in pardoning that one is pardoned,
it is in dying that one is raised to eternal life.





“Peace in the midst of the Storm”- Jack E. Dawson

“Peace does not mean to be in a place where there is no noise, trouble or hard work .

It means to be in the midst of those things and still be calm in your heart”

-Anonymous

If there is to be peace in the world,
There must be peace in the nations .

If there is to be peace in the nations,
There must be peace in the cities.

If there is to be peace in the cities ,
There must be peace between neighbours .

If there is to be peace between
neighbours ,
There must be peace in the
home .

If there is to be peace in the
home,
There must be peace in the
heart .

Lao Tzu .



“A Peaceful Village” - Nicholas Scales

[Acknowledgements : Labyrinth Reflections by Cathy Rigali & Lorraine Villemaire ; Images accessed from Google Images of Peace 26.4.19 ; St Francis statue @ St Francis College Milton used with permission]