

# Walking a Sacred Path of Giftedness

A Contemplative Day at Santa Teresa, Ormiston.

*Life a tree  
whose expression is fruit.  
giving our gifts  
is what keeps life  
pushing through  
our veins.*

*It's what keeps us  
feeling alive.*

Friday 9<sup>th</sup> June 2023

9am – 4pm

Santa Teresa Spirituality Centre

267 Wellington St

Ormiston, Qld 4160

Facilitated by Sue Thomas.

Toko-pa Turner  
*Belonging: Remembering Ourselves*  
Home



Image: Santa Teresa Labyrinth  
Photo: Sue Thomas

If you are new to labyrinths, or if you have had experience with walking labyrinths, this quiet day offers opportunities to walk the labyrinth as contemplation – focussing on our inherent gifts – the gifts that we have received, and the gifts that we share with the world.

During our time together, we will explore our own individual giftedness, how we might share our giftedness with others and with the world, and how the labyrinth can be a spiritual tool for discernment.

Participants may attend this day as a **Qualifying Workshop** towards **Veriditas Labyrinth Facilitator Training**. Contact Sue for more information.

**Cost: \$150.** Includes catered morning tea and lunch, resources, and use of the grounds and contemplative space in the beautiful environment of Santa Teresa Spirituality Centre.

**Registration is necessary.** Please register at <https://aln.org.au/event-5201667>, or contact Sue Thomas [sue@suethomas.net.au](mailto:sue@suethomas.net.au) for more information.

**Presenter:** Sue Thomas, Spiritual Director, Veriditas Faculty.

“The labyrinth belongs to no one and everyone” has been a grounding mantra in my work, as I walk labyrinths, draw labyrinths on beaches, work with peers in creating large portable calico labyrinths, and use the hand labyrinth for journaling and reflection in many facets of my life and life’s work.

I live on the land of the Yugambah language peoples, the traditional custodians of the Gold Coast region in South-East Queensland. My long association with using the labyrinth as a tool for contemplative, meditative and spiritual practices began many years ago when the labyrinth ‘found’ me in Year 11 at high school through an “Art and Architecture in History” subject. Using the labyrinth as a tool for contemplation and reflection in my previous role as Lay Pastoral Minister for Brisbane Catholic Archdiocese, my current work as Spiritual Director and retreat facilitator, and my personal spiritual practice has been grounded and enriched by connecting with Veriditas. I am a certified Veriditas Advanced Facilitator and Trainer, a member of Veriditas Faculty, and a member of the Australian Labyrinth Network.