## Labyrinths Matter Newsletter

This season's newsletter not only highlights the immense joy we experience when we create labyrinths, we can see how it transforms ourselves, our communities, as well as our environments.

The Season of Summer.



"Gift from the Sea Labyrinth"

Location: The Back Beach San Remo, Victoria.

Photo taken by Lorraine Rodda

Issue 4.

### What's Inside . . .

Ρ

2	•	Labyrinth Lane.
		Nurture Dream Learn.

- P 4 Barossa Labyrinth. Igniting Community.
- P 6 Arboretum Labyrinth. A Spiritual Journey.
- P 8 Petite Chartres Labyrinth Created in chalk spray.
- P 9 Little Miracles On The Path. An awareness of NOW.
- P 10 International and Australian Labyrinth News.

You can feel the joy of creating your first beach labyrinth here.



Reflection by Dr. Stevens, a Senior Staff Specialist, Oncology Unit, at The Children's Hospital, Westmead, NSW. The video was taken by Bob Hughes at the official opening of the hospital's labyrinth in June 2012. This is the first hospital in Australia to have a permanent labyrinth.



The gift of the beach labyrinth is the awareness of NOW, where both the impermanence and the eternality of life are found . . . Extract from "Little Miracles on the Path" by Laura Esculcas

Graphic is by Dreamtime

We acknowledge the First Australians and pay our respects to their elders past, present and future.

Thursday, December 10, 2015







## Labyrinth Lane

by Tina Christensen A Veriditas Certified Labyrinth Facilitator

And it began with a simple comment by some friends "Oh, you'll be in San Francisco? There's a labyrinth at Grace Cathedral you might like to walk."

Following an intense WorldWork gathering I gifted myself a week to wander and ended up walking the labyrinth at Grace once or twice each day.

I had not expected to discover a meditation style that was more natural than my two decade long cross-legged practice.

I was astounded by the ease of expanded experiences and knew I was onto something when I found myself stripping layers of clothing and walking barefoot on the stone path at 7am and not feeling cold! The fire was cast. In 2011, I came home from the USA with fire in my belly. I wanted to build a labyrinth that my therapeutic clients and I could access.

I took a piece of scrubby wasteland, which had been the dis-used carpark for some shops and laid out gum nuts to mark the field. And so Labyrinth Lane began.

From those humble beginnings, the labyrinth has evolved through a gumnut, then turf style labyrinth, to a recessed stone labyrinth surrounded not by rubbish, weeds and tin fence but by a garden, spirit and beauty. The transformation is evident too at the entrance to Labyrinth Lane, with a welcoming book exchange, posters and brochures about events, invites to public walks and flowers too, not weeds!

In 2015 we also offered: 2 workshop spaces, a fire circle, retreat accommodation and 2 therapy spaces - for counselling and for art making.

It is now a sanctuary where people retreat from the madding crowd for a while, where communities gather, personal and professional development occurs and where ceremony and ritual take place.

I am a pilgrim rather than a tourist in my own life and all from my own backyard!

It is a hand made space that nourishes.

It attracts those seeking seeds for their own handmade lives.

What I've personally gained is an appreciation of hidden knowledge that surrounds the labyrinth.

Not in a bad, 'woowoo' magic type of way but more how efficient it is as a tool for self-actualisation and self-regulation.

For example, I've been challenged by my own prejudice of prayer and the term 'God', collapsing them with religion. The reflection space of the labyrinth, like a pilgrimage (the Camino comes to mind) assisted me in being able to meet my prejudice and subsequently transform my relationship to what each can offer me.

The labyrinth has been 'lost' and rediscovered through time I suspect because it is so effective. Not every organisation holding authority wants individuals empowered from self-knowing and the labyrinth is a pathway to gnosis: knowledge of spiritual mysteries...[and peace].

Lauren Artress coined the expression 'spiritual hunger' in her book 'Walking a Sacred Path.' I feel I've been fed by my 4 year apprenticeship with the labyrinth, a pilgrim rather than a tourist in my own life and all from my own backyard.

#### Thursday, December 10, 2015



### Labyrinth Lane

Stillness, Creativity and Nature are the touchstones of all that happens here:

Read more about Labyrinth Lane here



#### But this is not everyone's motivation for coming to the labyrinth:

I work as a creative arts psychotherapist and often the first level of confusion or enquiry is dealing with questions like 'what do I need in this relationship' or 'what work will fulfill me'? These sorts of issues are also addressed in walking the labyrinth.

Until someone has walked, they can't imagine what's available to them (nor can I) and as such I've adopted an integrated approach at Labyrinth Lane. When labyrinths become more mainstream, it can be different.

When I say mainstream, a current example is the craze for colouring-in as a mindfulness activity and the link to art therapy. Suddenly it's mainstream to do art therapy! Labyrinths haven't had their 'colouring-in craze' moment yet so a multi-layer approach makes the investment more manageable.



Crystals embedded in the labyrinth were donated from Qi Crystals.

#### At Labyrinth Lane the labyrinth itself is used for:

- Therapy with clients.
- Public walks at Equinox and Solstice that are community oriented.
- Private walks booked by individuals and groups.
- Value adding to retreat accommodation as guests have unlimited access to the labyrinth.
- Workshops run by other practitioners. I give them a 'how to use the labyrinth' orientation.
- Mindfulness meditation.
- Specific ceremonies blessings, transitions, rites of passage.
- Half day retreats.
- Ritual space circle gatherings.

#### Something new in 2016?

And possibly Wayupa Wuurrk; developed by a gracious Aboriginal man with a blessing from the elders to share an indigenous way to care for and connect to our country - not as aboriginal or non-aboriginal, but as humans.

Wayupa Wuurrk looks a little similar to Qi Gong as a movement form but it's not from China, it's from our own backyard.

#### Did I find the labyrinth or did it find me?

I was willing to walk each time I encountered it and never the less I'd say it found me!

#### Stage 1 – Gum Nut Labyrinth.

\$500 Labour costs to clear some rubbish. I had the gum nuts recycled from a public labyrinth held earlier that year and the template for the labyrinth courtesy of Geoff Rodda. Both Geoff and Lorraine gave their afternoon to assisting me to mark out the pattern.

#### Stage 2 - Turf Labyrinth

At this stage no cost. I used the gummies as the template for creating the high fields and low walking paths typical of a turf labyrinth.

#### Stage 3 - Stone Labyrinth \$5,430

These represent costs purely for the labyrinth structure; not the garden, the entry, the buildings, the miscellaneous infrastructure.

2,000	Site elevation earth removal
1000	Bin hire 'found' rubbish

- 1000 400
  - Stone Misc. Materials
- 180 750
- I abour 500 Mud brick
- 600
- Geomancer & Feng Shui Cons. Crystals were donated

And there will be a fourth evolution of the labyrinth to come, so stay tuned!

# Barossa Community Labyrinth

by Carole Schroder

Veriditas Facilitator

We decided at the start that we wanted the community to have a strong sense of ownership and set about informing the public why we believed a Labyrinth would be beneficial for the Barossa.

#### Our first step, our vision:

Since July 2010 our small but passionate committee have twisted and turned for many hours in creativity, patience and advocacy on the pathways of The Barossa Community Labyrinth project. Our vision:

- To construct a visually attractive, practical, public, enduring Labyrinth in the Barossa Valley.
- The Labyrinth, will be accessible for all to use as a mindful walking activity or to sit alongside in quiet reflection.
- The Labyrinth, which is a unique form in itself has the potential to draw both locals and tourists to contemplate its beauty, meaning and arrive at their own personal insights.

#### One of our first steps was the task of choosing a town and a location within that town to create the labyrinth.

The Barossa Valley in South Australia consists of 3 major towns, Angaston, Nuriootpa and Tanunda with many other smaller towns in between and edging the Valley. After many months of searching for what we felt was the ideal location, the Barossa Bushgardens in Nuriootpa accepted our proposal.

The Barossa Bushgardens is a regional native flora centre, conserving, promoting and supplying the Barossa region's unique local native plants. It is a social enterprise, a not-for-profit business which returns profits to environmental conservation.

#### Memorandum of understanding:

This was developed with their committee and we attend their regular meetings as well as having 'pop-up' Labyrinth information and walks at their Open Days in the Gardens.

## We set about informing the community.

We set about informing the public why we believed a Labyrinth would be beneficial for the Barossa. We have coordinated many labyrinth events and presentations in our endeavour to achieve this.

- These included open community Labyrinth Walks; held 2 years in succession during Mental Health Week, using Jeff Trahair's Portable Chartres Labyrinth in the Barossa Art Gallery space.
- Jeff providied the communuty many opportunities to have a 'feet on' experience of the labyrinth. He has facilitated the longest running labyrinth sessions in the Southern Hemisphere in Adelaide.
- We also constructed a 'Soleful' experience in the township of Eden Valley during Advent where participants walked around the town visiting venues that incorporated the Spirit of Christmas.

#### Informing the community. (cont'd)

- 4. We created a classic shape labyrinth made out shoes donated from the community, which then were donated to people overseas who could make better use out of them than their former owners. We have completed many presentations to various community groups such as councils, service clubs, wellness groups, philanthropic organisations and the ministers fraternal.
- 5. The transition was happening in our community from not knowing about Labyrinths to now publically acknowledging its presence. It was music to our ears. We were pleasantly honoured when we heard recently that the local Mayor of the Barossa Council commented when he returned from Sydney, staying near the Centennial Park Labyrinth; "I hope OURS is going to be good as Sydney's."

A personal story of beginnings and commitment through to a photo gallery of construction <u>here.</u>



#### Thursday, December 10, 2015



#### Thursday, December 10, 2015



## Barossa Community Labyrinth (cont'd) igniting community

A vital aspect for our vision was the genuine acknowledgement of the original custodians of the land.

#### The Orginal Custodians.

A vital aspect for our vision was the genuine acknowledgement of the original custodians of the land. Our research and communication with representatives of Aboriginal groups in the area, resulted in finding that the land of Barossa Bushgardens is where 3 Aboriginal groups; the Peramangk, Kaurna and Ngadjuri met for friendly corroboree and trade.

How fitting that a labyrinth should be placed on this ground. We have continued to dialogue with the custodians about our processes. At times we have sat with disappointment when our committed and time consuming grant applications were unsuccessful.

## Finding a quality Artisan was a gift.

Finding a qualitho would create a labyrinth that met our guidelines and specifications was a giant step for the committee. We believe that Kym Feltus from Feltus Paving and Landscaping was sent to us as a gift. His expertise in construction, sensitivity to groups needs and the Labyrinth's philosophy has profoundly shone through in his work.

#### Igniting our community.

Our catch-cry seemed to be 'it's just another turn on the labyrinth'. Fortunately our website, Facebook page and crowd funding campaign ignited the Labyrinth's presence in the community with sponsorships, donations and connections coming from both likely and unlikely sources.

Another step that has bought us closer to the 'centre' has been, being able to refer people to the Labyrinths in Sydney. People responded with much more interest (and financially) when we were able to speak of significant labyrinths in Australia. We thank and congratulate all those involved in those Labyrinths.

#### A dedicated team.

I wish to acknowledge with much gratitude to all involved the dedication shown which has made this project a reality. Creating a labyrinth in the community entails a great deal of passion and commitment to see the process through. We feel that we are now metaphorically on the last pathway of our 11 circuit Chartres Labyrinth and look forward to stepping onto the Barossa Community Labyrinth in its completed form, celebrating with sponsors, partners and the general public officiating the opening of the labyrinth soon.

## 'Labyrinth Mosaic Art Project and labyrinth 'greening.''

The next stage will involve even more community partnerships in the process to symbolise and acknowledge the original land owners and this mosaic art project will surround the labyrinth.

The final stage will be the 'Greening of the Labyrinth', landscaping and encircling the area with Barossa native plants, future shade and seating.

Important aspects and steps we have experienced on the Barossa Community Labyrinth journey are:

- Passionate, patient, communityminded committee members.
- Creative, innovative fundraising approaches and presentations.
- Regular connection and consultation with community members.
- Remaining focused on the labyrinth philosophy for our vision, for community and importantly ourselves.

#### Cost efficiencies.

We have received a lot of value and cost efficiencies from in-kind donations from our trade partners and a very kind engineering company who advised us on the engineering requirements for the project pro bono.

## Project expenditure to date is \$37,640.00

A rough guide to project costs broken down over several stages are :

\$ 8,000 Landscape Architect - onsite visits, email consultaiton and preparation of plans

\$11,000 Preparation rubble base and round concrete slab to engineering requirements.

\$11,265 Marking and paving of Chartres design This is a very labour intensive – most, if not all pavers need to be cut to shape.

\$2375 Pavers plus incidentals. This stage yet to be finished.

\$5000 Estimated completion stage 2 concrete fill of path, washing and grinding of surface to smooth. Compacted rubble and fines up to the perimeter of the completed labyrinth.

Costings for the final stages are not known at this stage. Artworks and "greening" the labyrinth, shading and seating.concrete fill of path.

All funds have been from donations, crowdfunding and local community grants.

At times we have sat with disappointment when our committed and time consuming grant applications were unsuccessful.

Read more about the project here.

Thursday, December 10, 2015

#### Australian Labyrinth Network.



## Arboretum Labyrinth

by Janice Miller

It was at that moment I understood – and explored spiritual expressions of love, stone circles and rock art all over the World . . .

Light flashed from the rock and I was bathed in an enlightening moment of universal love. Time seemed to stop. Before me was a rock painting of a Quinkan man, a spirit man of the indigenous people of York Peninsula in northern Australia. The message to me was to forgive. I understood.

I began to explore other spiritual expressions of love from other peoples. I had seen other rock art at Uluru, Kakadu and the Kimberley's. Further afield I had travelled overland through India along the Ganges, into Nepal, Pakistan, Afghanistan, Kashmir and on to Tashkent, Samarkand, Bokhara on the Silk Road and then through Russia and Scandinavia. I had previously studied Greek history and later did a land and sea trip through Greece via central Europe, Yugoslavia and Turkey looking at lots of places of worship, and I returned home via the Egyptian pyramids.

To read more about Indigenous rock art here



And then I connected with my spiritual force and walked my first labyrinth . . .

One of my transitions from a (lapsed) religious person to a spiritual person involved me becoming a Reiki channel and embracing my direct connection to a spiritual force. The Usui Reiki Centre also had a canvas Labyrinth. I walked that Labyrinth in quietness with people who embraced the experience.

#### But I needed more - so I read and I read . . .

Books that Dan Brown read before he wrote the Da Vinci Code about the Templars and the Crusades. I read about ley lines, geomancy, stone circles, the Druids and had previously been to Stonehenge, Avebury and Glastonbury, where I walked the Glastonbury Tor (Labyrinth). I read about shamanism, alchemy, the Golden Ratio and quantum physics. I read about the Upanishads, I Ching, Confucianism, Taoism, and Jainism. I read lots of books about the spiritual beliefs and edifices of Egyptians, Aztecs, Mayans, and Incas of indigenous races, and of Buddhists, Hindus, Sikhs, Jews, Zoroastrians, Muslims and early Christians. I joined meditation groups and sat at the feet of gurus.

#### Now I wanted to go to other sites around the world to feel what other cultures had felt - as they created their places of spiritual respect.

#### So where did I go?

I started work in *Thailand.* My Thai friends took me to their Buddhist temples. I was moved to tears in these reverent spaces as I listened to the prayers of the people.

Then I planned a world trip. I flew over the statues at Easter Island and the Nazca lines in Peru, then walked the Incan sites including the extraordinary Machu Picchu. In Ireland I went into the 5000 year old ancient temple and passage tomb of Newgrange, and stood in the Earth Energy fields on the Hill of Tara. In the north of Britain I explored: the sacred island of Iona with its mysterious lights; the Orkneys with the prehistoric village of Skara Brae, passage tomb of Maes Howe, standing stones and stone circles; and Roslin Chapel near Edinburgh. In France were the 3000 gigantic standing stones in rows not circles at Carnac, and Chartres Cathedral.



### Arboretum Labyrinth (cont'd) by Janice Miller.

#### So where did I go – (cont'd)

I am in awe when in Gothic cathedrals and Chartres is the best. It was shrouded in mist on the day of my visit. I knew it had been built over a 'pagan' site that had been built there because of the original water source, so I did the tour that took me into the bowels of the church to find the well. I was thrilled. There was the original spiritual connection. I didn't walk the Labyrinth because it was covered with chairs, but, as in Roslin Chapel, I explored the medieval symbolism built into the stone of the buildings. In southern France I looked for black Madonnas and I found one. I get altitude sickness so Tibet and Mt Kailash were off my list.

I travelled on my own and talked to so many interesting people. Later, I joined friends on a US road trip to hear Dr David Hawkins, an enlightened man, in Sedona, Arizona, *the spiritual centre of the US*, with its red rocks, mysterious energy vortexes and church high on the rocky cliffs. Then I did a group tour of the old Mayan cities of Central America – Tulum, Chichen Itza, Uxmal, Palenque and Tikal.

#### "And the end of all our exploring will be to arrive where we started and know the place for the first time." <u>T. S. Eliot</u>

I found the ancient sites and spiritual belief systems of so many races and religions. My *mind* intellectually absorbed so much, my *body* experienced the actual spiritual sites, and my *spirit* was uplifted. I am still brought to sobbing tears in some Buddhist temples in Thailand and Sri Lanka; I stand in utmost awe in the silence within Gothic cathedrals; and I am mesmerised by standing stones, ancient energetic sites and ancient trees. I want to touch them and feel their energy.

I was not looking specifically for labyrinths on my travels **but** what I did find was to 'know the place for the first time' (T.S. Eliot). I have come full circle and have now created my own reverent quiet space.

## I have come full circle and have now created my own reverent quiet space . . .

I live at an Arboretum with 400 trees, where there are 300-400 year old Eucalypts that tower above the planted trees. Within the 30 year old planted oak woods now stands a symbolic tall metal Celtic cross, and at the bottom of the hill nestled amidst the ponds, springs and creeks there are three things - a Peace Pole, a Buddha and now a Labyrinth.

When the ground was levelled for the Labyrinth I was emotional. After it was marked out each time I went there I cried again. It was originally going to be a simple temporary thing as an activity for my Open Garden but it grew because the land was not level and when level it had to be held together with large stones . . .

I now have my stone circle, not of standing stones but a solid stone circle with an entrance marked by red balancing rocks beneath a giant magnolia, a Japanese Raisin Tree and chestnut trees. I regularly take my rake and clear it of leaves. I feel peace and tranquility just looking at it without even walking the path. It quietens me.

I was already aware that people are created equal, that our choices determine our path, and that all religions have access to God or spiritual life force. From my major spiritual experience and my subsequent exploration I have confirmed to myself that people have built places to express their love of the universe at special energetic places on the planet. My Labyrinth and Peace Pole are my expressions of love at a special spiritually energetic place.

#### Project Costs \$ 5,675

For those interested in its development costs (note that the labyrinth works were part of other landscaping so the following costs are estimations only, and that the heavy Buddha statue had been purchased some time ago – it was moved and placed on stones as a part of the following costs):

\$ 400	Sand & mortar	\$400 Paving	\$ 500 Stone paths
\$ 400	Rock walls	\$ 300 Levelling hire	\$2,300 Total materials
\$3375	75 hrs. Labour		

#### Thursday, December 10, 2015



### Petite Chartres Labyrinth

by Geoff Rodda

The Victorian Rep. of The Labyrinth Society Inc.

1

#### Labyrinth Size and Design.

The labyrinth size 6.67 m or 21ft 11in in diameter with the path width 350mm or 2ft.11in. If you have the space allow for a path width around the outside of the labyrinth. This design does not have the centre petals or the lunations.

#### Grass Labyrinth

The photo on the left shows the pattern created with chalk spray. On the right the photo shows the pattern cut into grass. To maintained the pattern use a hose with water on high pressure.

#### What is needed.

- Ball of string
- Metres non-stretching rope 4
- Permanent marker pen 1
- Garden stakes for compass points 4
- Broom handle for centre stake 1
- 8 Cans of chalk spray
- Tape measure 1
- Hammer or a mallet 1

A maximum of 7 people or minimum of 4 is needed to chalk spray the pattern. Plastic gloves are a good idea too. Allow between 2 to 3 hours. Instead of chalk spray use a stick to make a labyrinth on the beach.



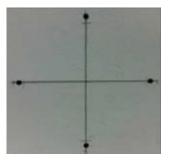
#### Petite Chartres Labyrinth.

Free detailed drawings of the Petite labyrinth can be forward to you by email. The pattern can be painted on canvas, concrete, asphalt and decking etc. Email.tlsaustralianetwork@gmail.com

#### Other information.

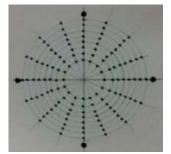
- Labyrinth Society Make a Labyrinth
- Veriditas Things to consider
- Constructing Chartres-style Labyrinths
- Chartres Construction Manual by Robert Ferre order online at Readings \$32.95 http://www.readings.com.au/

#### Using chalk spray to mark out this modified Petite Chartres Labyrinth on grass.



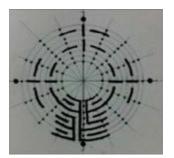
#### Step 1 Defining the centre of the labyrinth and the focus point.

- 1. Decide which direction you wish to face when entering the labyrinth's centre.
- 2. Then put a dowel in the ground to mark the 'proposed' centre of the labyrinth.
- 3. Use a compass to mark the 4 directions taking into account the focal point.
- 4. Place 4 garden stakes 3.335 metres from the dowel in the centre.
- 5. Tie a string line, close to the ground, between the 4 garden stakes.
- 6. The point where the strings cross in the labyrinths centre. It is where the dowel goes in.
- 7. Check the string measurements are equal between the 4 garden stakes.
- 8. Leave the string line in place to later locate the entrance, exists and turns.



#### Step 2. Marking out the 8 circles. The inner circle being 1 and 8 outer circle.

- 1. Loop the rope over the centre dowel extending it beyond the outer circle (8). For the 1<sup>st</sup> circle use the permanent marker to mark a line on the rope at 860mm. 2
- 3. For the remaining 7 circles mark the rope at 350mm intervals.
- 4. 1 person holds the rope close to the ground whilst walking slowly.
- 5. 3 people chalk spray small dots on the ground at each marker on the rope.
- 6. The person walking with the rope stops every 600mm for dots to be sprayed.
- 7. After step 3 below join up the remaining dots with chalk spray.



#### Step 3. Exits, Entrances and Turns: Use the garden stakes to guide chalk spraying.

- 1. Top of the labyrinth is the direction to face as you enter the labyrinth's centre.
- 2. Exit from centre: 175 mm from left of the string line spray a line from circles 1 8
- 3. Exit from centre: 175 mm from right of the string line spray a line from circles 1 5
- 4. Entrance: left side 525mm from the string line spray a line from circles 4 8
- 5. Use the string lines and a garden stake as a guide for the turns.
- 6. At the top of the labyrinth chalk spray straight lines from circles 3 5 & 6 8
- On the left & right of the labyrinth chalk spray lines from circles 2 4 & 5 7 7.
- 8. Then spray a short straight line 350mm from each straight line at the turns.

Thursday, December 10, 2015

#### Australian Labyrinth Network.



### Little Miracles On The Path

by Linda Mickell Secretary to the Veriditas Council, NE Regional Representative, Labyrinth Journeys

#### This Month's Story.

This month's story is from Laura Esculcas. Laura is a Veriditas Facilitator and serves on the Veriditas Council. She resides in Portugal. Thank you, Laura, for writing this lovely piece that serves to remind us to be in the 'Now'

She draws a labyrinth on the beach, and it is as though she is tracing the path of her life in the shifting and impermanent material plain of the world. Existence is but a blink of the eye of God, and yet its impact is everlasting. She steps into the beach labyrinth; its unique path was only a vision yesterday and will be only a memory tomorrow.

Today it is everything, all her experiences, the pattern of her life in one fleeting moment upon the sand. She need not know more than Now.

#### NOW

This moment has never happened before: not exactly this way, or in exactly this place, or in this time, or with this community of people. Just as every moment of her life is unique - a unique opportunity to be true, to serve, to express her original self in a way that only happens once - and though she may repeat it a thousand times tomorrow, it is never exactly the same. She need not know more than now.

So, too, this labyrinth will never again be drawn here in just this way: with just this light, just this group, just this movement of air, just this sound of the waves, just this smell of the sea, or just this feel of the sand. She walks the path with total attention, with an awareness of this moment in her life, and she puts this awareness in her pocket and carries it with her. Before long, the sea claims the pattern, erasing it from the sand. Waves wash away the labyrinth, but its pattern is eternally etched here, and in her. She need not know more than Now.

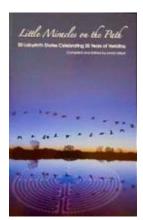
The gift of the beach labyrinth is the awareness of Now, where both the impermanence and eternality of life are found. She keeps this moment in her pocket. Every time her fingers touch it, she need not know more than Now. Email <u>laura@lauraesculcas.com</u>

#### These real life stories of insight and metaphor provide us with an opportunity to reflect on our own labyrinth experiences. Do you have a 'Little Miracle on the Path' to share?

#### A Scholarship for Facilitator Training.

Readers of Labyrinths Matter please consider buying Veriditas's "Little Miracles" booklet. The profits from this sale will help someone get a scholarship to facilitator training and it makes a wonderful gift.

Note: The winner of the scholarship pledges to utilise underserved populations, such as the homeless and those in prisons.



The 'Little Miracles' Booklet. is \$US26.70 including postage. The booklets make a wonderful gift AND it helps to raise funds for the scholarship.

A great way to 'walk the path' is to share stories of discovery and metaphor. I am sure you have one!

To order your booklet or to send in your Little Miracle email Linda here <u>edlinmik@optonline.net</u>



brochure is your website

Need a printed brochure email



#### The Labvrinth Society

The Labyrinth Society is an international organization whose mission is to support all those who create, maintain and use labyrinths and to serve the global community by providing education, networking and opportunities to experience transformation.

- Membership
- **Regional Reps**
- World Labyrinth Day

#### About the ' Market Place '

Imagine our own Australian 'Market Place' to advertise our labyrinth builders. facilitators, crafts people and our holiday retreats etc. This can be a reality if we have enough support. And it's a great opportunity to minimise the duplication of effort too! <u>Choose your TLS</u> <u>Marketplace advertising opportunity</u>

## Veriditas **Regional Group**





The mission is dedicated to inspiring personal and planetary change and renewal through the labyrinth experience.

Veriditas accomplishes its mission by training and supporting labyrinth facilitators around the world, and offering meaningful events that promote further understanding of the labyrinth as a tool for personal and community transformation.

#### Facilitator Spotlight: Richard Zweck by Chris Farrow-Noble, Council member. Read Rick's journey with the labyrinth in Queensland here

Veriditas Holiday Store This year in lieu of the Annual Auction, Veriditas are offering a holiday store for that special gift.



Ancestor Spirit Labyrinth

Classic Cretan **Design was Modified** by Geoff Rodda in 2014

"The labyrinth is a beautiful way to bring the spirit back to the shared land congratulations to the builder for the vision."

Visitors from Uluru San Remo April 2007



7 Circuit Petite **Chartres Labyrinth** 

## Australian Labyrinth

#### Network

This informal network includes members from across Australia.i.e The Labyrinth Society, Inc, Veriditas's trained and certified labyrinth facilitators and their subscribers and labyrinth enthusiasts.

#### **Newsletter Themes for 2016**

Autumn Finger Labyrinths. Winter Physical & Mental Disabilities. Spring Myths and Legends. Labyrinths and children. Summer

Join the newsletter mailing list here Join Aust. Labyrinth Facebook here

Survey of Readers Next year we will ask our readers to provide feedback about their interest in the following:

- Newsletter
- TLS Market Place.
- Gathering
- Formalising our Network.

As our year closes we send our wishes for a safe and happy holiday season and a healthy year on the path in 2016.

Tina Christensen & Lorraine Rodda Network Administrators Email : tlsaustralianetwork@gmail.com Mobile : 0400 045 397 or 613 400 045 397

#### Resources:



Australian Labyrinth Locator. This locator is hosted on Labyrinth Link Australia's website of Cedar Prest.



#### The Worldwide Labyrinth Locator.

This locator sponsored by The Labyrinth Society and Veriditas. It's administrator is Jeff Saward.

We encourage labyrinth enthusiasts to register their labyrinths on both locators. To ensure information is current please make a commitment to update information and or refresh photo's on as part of World Labyrinth Day celebrations.



Robert Ferre's expansive website is a great resource. http://www.labyrinthproject.com/

Jeff Saward A Labyrinth Historian and Tourist Guide http://www.labyrinthos.net/ Tours - Discover Labyrinths LLC



Sig Lonegren A Geomacer and Dowser http://www.geomancy.org/